



# Valhalla Swimming 2010

## Season

revised: 2/22/10

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DATE	AWAY TEAM	SITE	TIME	PART. TEAM(S)
SATURDAY, FEB. 20	SEASON BEGINS	@ VALHALLA (I)	9:00-10:00am, (II)	1:00-2:00pm TIME(S) TRIALS
FRIDAY, MAR. 5	RAMONA	@ VALHALLA (SCRIMMAGE)	4:00pm	DIVING/ VAR/JR VAR
THURSDAY, MAR. 11	VALHALLA	@ HELIX Vs. SANTANA	4:00pm	DIVING
FRIDAY, MAR. 12	VALHALLA	@ SANTANA	4:30pm	VARSITY/JR VARSITY
SATURDAY, MAR. 20	VALHALLA	@ MT CARMEL SD SUNDEVIL INVITATIONAL	7am-7pm	BOYS/GIRLS VARSITY
MONDAY, MAR. 22	VALHALLA	@ HELIX HELIX NOVICE DIVING INVITE	TBD	NOVICE BOYS'/GIRLS'
TUESDAY, MAR. 23	VALHALLA	@ HELIX HELIX GIRLS' NOVICE INVITE	TBD	NOVICE GIRLS'
WEDNESDAY, MAR. 24	VALHALLA	@ HELIX HELIX BOYS' NOVICE INVITE	TBD	NOVICE BOYS'
SATURDAY, MAR. 27	VALHALLA	@ VILLANOVA PREP VILLANOVA PREP INVITATIONAL		BOYS/GIRLS VARSITY
MAR.29-APR.2	SPRING BREAK	(See Practice Schedule)		
<b>THURSDAY, APR. 8</b>	<b>VALHALLA</b>	<b>@ HELIX Vs. WEST HILLS</b>	<b>4:30pm</b>	<b>DIVING</b>
<b>FRIDAY, APR. 9</b>	<b>WEST HILLS</b>	<b>@ VALHALLA</b>	<b>4:30pm</b>	<b>VARSITY/JR VARSITY</b>
<b>THURSDAY, APR. 15</b>	<b>VALHALLA</b>	<b>@ HELIX</b>	<b>4:30pm</b>	<b>DIVING</b>
<b>FRIDAY, APR. 16</b>	<b>VALHALLA</b>	<b>@ HELIX</b>	<b>4:30pm</b>	<b>VARSITY/JR VARSITY</b>
SATURDAY, APR. 17	VALHALLA	@ MONTGOMERY M.S. GRANITE HILLS INVITATIONAL	TBD	BOYS/GIRLS VARSITY
<b>THURSDAY, APR. 22</b>	<b>VALHALLA</b>	<b>@ HELIX Vs. GROSSMONT</b>	<b>4:00pm</b>	<b>DIVING</b>
<b>FRIDAY, APR. 23</b>	<b>VALHALLA</b>	<b>@ GROSSMONT</b>	<b>4:00pm</b>	<b>VARSITY/JR VARSITY</b>
SATURDAY, APR. 24	VALHALLA	@ MONTE VISTA MONTE VISTA JV INVITE	8:00am	BOYS/GIRLS JR VARSITY
<b>THURSDAY, APR. 29</b>	<b>VALHALLA</b>	<b>@ HELIX Vs. STEELE CANYON</b>	<b>4:00pm</b>	<b>DIVING</b>
<b>FRIDAY, APR. 30</b>	<b>STEELE CYN</b>	<b>@ VALHALLA</b>	<b>4:00pm</b>	<b>VARSITY/JR VARSITY</b>

<b>FRIDAY, MAY 7</b>	<b>GRANITE</b>	<b>@ VALHALLA</b>	<b>4:00pm</b>	<b>DIVING/VAR/JR VAR</b>
MONDAY, MAY 10	VALHALLA	@ HELIX LEAGUE DIVING CHAMPIONSHIPS	4:00pm	DIVING
TUESDAY, MAY 11	VALHALLA	@ HELIX JV LEAGUE SWIMMING PRELIMS	4:00pm	JR VARSITY
WEDNESDAY, MAY 12	VALHALLA	@ HELIX LEAGUE SWIMMING PRELIMS	4:00pm	Varsity
THURSDAY, MAY 13	VALHALLA	@ HELIX JV LEAGUE SWIMMING CHAMPIONSHIPS	4:00pm	JR VARSITY
FRIDAY, MAY 14	VALHALLA	@ HELIX LEAGUE SWIMMING CHAMPIONSHIPS	4:00pm	Varsity
MONDAY, MAY 17	VALHALLA	@ TBD SDCIF DIV II DIVING PRELIMS	TBD	Varsity
WEDNESDAY, MAY 19	VALHALLA	@ TBD SDCIF DIV II SWIMMING PRELIMS	TBD	Varsity
FRIDAY, MAY 21	VALHALLA	@ TBD SDCIF DIV II DIVING CHAMPIONSHIPS	TBD	Varsity
SATURDAY, MAY 22	VALHALLA	@ TBD SDCIF DIV II SWIMMING CHAMPIONSHIPS	TBD	Varsity
MONDAY, JUNE 7	BANQUET	@ RONALD REAGAN COMM. CENTER, EL CAJON	6:00pm	

~league games in **BOLD**

~schedule is subject to change

- All athletes are expected to arrive at home games by 3:15pm and stay until all games are completed and pool deck is clean.
- Unless otherwise indicated, buses will depart VHS @ 3:15pm for all **League** away games.
- Athletes must check-out with Coach before they leave.
- Team Transportation is not normally provided by school for Invitational's.

**Important Date(s):**

**TBD- Team Pictures**