



Valhalla Girls' Water Polo 2011/12

Head Coach (Varsity) - Page Small

Varsity Asst. Coach - Kent Houston

Jr. Varsity/Novice Coach - Breezy Gatavasky

JV/Novice Asst. Coach - Hillary Kerrigan

WELCOME TO VALHALLA GIRL'S WATER POLO!!!

Hello, my name is Page Small and I am the Head Coach of the Girl's Water Polo program at Valhalla. I can hardly wait for the season to begin and want to thank you all in advance for your support and generous efforts to make this program a success. Our program enjoyed a tremendous amount of success last year in which included a Sectional Championship. My coaching staff has extensive resumes in Water Polo and is looking forward to passing on this knowledge to your student-athletes. This season's staff includes Valhalla's winningness aquatics coach Kent Houston, returning JV/Novice coach Breezy Gatavasky and former Grossmont College standout Hillary Kerrigan.

Please take the time to read this entire packet so everyone starts and remains on the same page.

Participant Requirements include:

- Clearance from Finance Office - Yellow Card
- Team Donation/Order Form/Registration Packet
- Goggles and a Practice Suit

First and foremost, No player will be cut or turned away from this program. There is a place on this team for all skill levels.

Practices will be offered 4-6 times per week. The more practices your daughter attends the faster, stronger, and skilled she will become as a Water Polo player. All players are encouraged to attend every practice and all games. The coaching staff must know in advance and if a player will be unable to attend practice, games, or functions. Coaches can be reached at: pagesmall@cox.net, breezygatavasky@mac.com.

Varsity Lettering Policy:

Lettering procedure and 10 & 11th grade PE Credit

Letters are only given in Varsity sports.

In order to receive a letter award at the end of the season, or to get academic credit and opt out of PE, the athlete must:

1. Be academically eligible throughout the entire season
 2. Complete the season in good standing.
 3. Participate in Varsity functions, practices and games.
- Additionally, all lettering will be at Coach's discretion and only those athletes with positive team attitudes and participation will be considered.

If you have any questions regarding the Varsity Lettering Policy, please contact Coach Small at pagesmall@cox.net.

The Valhalla Water Polo game and practice schedule will be updated on the Valhalla Aquatics website at www.valhallaaquatics.com tab: Girls' High School Water Polo; new information and postings will occur during the season and this will be the number one way to stay informed. **ALL** players are required to stay for the entire matches and support the team. Riding the bus to away games (when offered) is mandatory and the only exceptions will occur with a 48 hour notice and approval by the Vice Principal's office. At home games, players are expected to be on deck by 3:15 for set up and early warm-up.

If you would like to be a part of our parent team we need a strong core of volunteers to operate the snack bar, work the scoring table, and be a part of our involved and dedicated Booster Club. Contact our Varsity and JV Team Parent Reps. Ella Davis elladavis@cox.net for more info.

Parent's Meeting is on Thursday, 17 November from 6-6:30p. Team merchandise will be on display for purchasing and will have a credit card machine on-hand to process Team Donations and Purchases.

Most of the deck improvements and supplies used by our Aquatics Teams are supplied by the Aquatics Boosters. The Water Polo Programs are a part of the Valhalla Foundation, so the ENTIRE participation donation may be deemed tax-deductible as the Foundation has registered non-profit status. Any support you wish to give directly to the Girl's Water Polo program, please make payable to Valhalla Girl's Water Polo. We request a \$225 donation per player, the donation goes directly to the program for coaching, tournaments, and team supplies.

Student-Athlete Responsibilities:

1. Attending practices, games, and working hard toward success.
2. Upholding the behavior and hazing codes.
3. Respect for Oneself, Team-mates, Coaches, and Facilities.
4. Be timely, responsive, and motivated!!!

The Staff and I are dedicated to seeing our high school student-athletes inspire one another and drive this program to LEAGUE & CIF CHAMPIONSHIPS!!!!

Sincerely,

Page Small, Valhalla Water Polo